

NEWS RELEASE

For immediate release: July 29, 2021

Don't Let COVID-19 Join Your Long Weekend Plans

NIPISSING & PARRY SOUND, ON – As the long weekend fast approaches, the North Bay Parry Sound District Health Unit (Health Unit) is reminding the public to not invite COVID-19 to their long weekend plans consider the risk before gathering.

"COVID-19 and variants like Delta are still a concern. While it is a pleasure to be able to visit family and friends this long weekend, it is important that you continue to consider the risk. Stay at home if you have even a single symptom of COVID-19," explains Dr. Jim Chirico, Medical Officer of Health. "By using good judgement and becoming fully vaccinated, we can get back to life without COVID-19 restrictions sooner."

Over the last 14 days – July 14 to 27 – 92 per cent of individuals eligible for the vaccine who tested positive for COVID-19 were not fully vaccinated. A further five cases were under the age of 12 and not yet able to be vaccinated. Please help us get closer to the province's reopening vaccination targets by becoming fully vaccinated as soon as possible. All COVID-19 vaccine clinics are accepting walk-ins and offering both Pfizer and Moderna.

To learn more about step three visit the provincial website at <u>ontario.ca/reopening</u>.

To learn where you can get your COVID-19 vaccine visit myhealthunit.ca.

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Call Toll Free: 1-800-563-2808

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