

NEWS RELEASE

For immediate release: May 6, 2021

Have Symptoms of COVID-19? Arrange to be Tested

NIPISSING & PARRY SOUND, ON – The North Bay Parry Sound District Health Unit (Health Unit) is reminding the public when they have any one symptom of COVID-19 to self-isolate immediately and arrange to be tested. Although the Health Unit’s case count remains low compared to other areas of the province, the district has seen continued increase in reported cases in our region since around the beginning of April. At the same time, testing rates across our district have been lower than usual since mid-March. This means there are likely more cases in the community than are reported in the district numbers, and we must continue to work together as a district to help slow the spread.

“We all know what to do, we just need to put it into practice,” explains Dr. Jim Chirico Medical Officer of Health. “Anyone who has symptoms of COVID-19 needs to self-isolate immediately, arrange to be tested, and continue the isolation until a negative test result is confirmed. Individuals are not to self-diagnose their symptoms.”

Individuals who wish to be tested can book an appointment at any of the Assessment Centres in or near our district.

Almaguin (East Parry Sound Mobile Assessment Centre)

Book an appointment: 705-774-8378

Location: South River Ambulance Base, 11313 Hwy 124, South River

This location does not test people who are in need of a COVID-19 swab for travel purposes.

Bracebridge COVID-19 Assessment Centre

Book an appointment: 1-888-383-7009; press 1 for Bracebridge

Location: 75 Ann Street, Bracebridge. The Assessment Centre is located in a portable adjacent to the helipad at the back of the South Muskoka Memorial Hospital property. It is not located inside the hospital.

Huntsville COVID-19 Assessment Centre

Book an appointment: 1-888-383-7009; press 2 for Huntsville

To learn more visit the Town of Huntsville [Huntsville.ca/covid19](https://www.huntsville.ca/covid19)

Location: Active Living Centre, 20 Park Drive, Huntsville

Mattawa COVID-19 Assessment Centre

Book an appointment: 705-744-5511 ext. 3010

Location: Hôpital de Mattawa Hospital, 217 Turcotte Pk Rd, Mattawa

North Bay COVID-19 Assessment Centre

There are two options when you are making your appointment to be tested for COVID-19:

- Assessment Centre - located at the west end of North Bay Regional Health Centre (NBRHC) with parking in public lot 9.
- Drive-through option for asymptomatic testing - located at the west entrance of NBRHC.
- Children 8 years old and under, along with **anyone with COVID symptoms**, is recommended to book a COVID test in the Main Assessment Clinic, not Drive-through, so a physician or nurse can do a clinical assessment at the same time as the COVID swab. A physician is on-site during all clinic hours and is able to swab infants and children under 2 years old as well.

Book an appointment: 705-474-8600 ext. 4110

Location: North Bay Regional Health Centre, 50 College Dr., North Bay

West Nipissing COVID-19 Assessment Centre

Book an appointment: 705-580-2186

Location: 219 O'Hara St., Sturgeon Falls

West Parry Sound COVID-19 Assessment Centre

For people with COVID-19 symptoms, call 705-746-4540 ext. 5030 to book an appointment.

For people who do not have symptoms of COVID-19, call 705-746-4540 ext. 5036 to book an appointment.

Location: 70 Joseph St., Unit 105-106, Parry Sound, entrance at the back door, please ring doorbell at the time of your appointment and stand back past the sign as directed.

For more information on COVID-19, including a list of symptoms, visit the Health Unit's website at myhealthunit.ca/COVID-19.

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