

NEWS RELEASE

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Health Unit Launches COVID-19 Guide to Summer Activities Webpage

NIPISSING & PARRY SOUND, ON – As we enter Step 1 of the Roadmap to Reopen tomorrow, June 11, 2021, the North Bay Parry Sound District Health Unit (Health Unit) is launching a [COVID-19 Guide to Summer Activities](#) page on their website. This webpage is designed to help individuals navigate through provincial restrictions during the three steps of reopening while enjoying their favourite summer activities safer.

“We’ve all shown tremendous effort over the last six months to limit the spread of COVID-19. Everyone has had to make sacrifices, including staying home, getting vaccinated, and following public health measures,” shares Dr. Jim Chirico, Medical Officer of Health. “I continue to encourage people to use their best judgement and be cautious in all activities, and to use this guide as a tool to help keep yourself and your loved ones safer.”

On this page, the public will be able to find information, such as:

- how to host gatherings during COVID-19
- how to safely enjoy sports and outdoor activities
- garage sales, and more.

The page will be updated to reflect current and changing provincial restrictions, including gathering size limits both indoor and outdoor.

For more information, visit www.myhealthunit.ca/Summer.

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