

PUBLIC SERVICE ANNOUNCEMENT

For immediate release: Oct. 31, 2022

Book an Appointment to Get Your COVID-19 Vaccine This Week

NIPISSING & PARRY SOUND, ON – COVID-19 vaccine clinics will take place in Nipissing and Parry Sound districts this week. The North Bay Parry Sound District Health Unit (Health Unit) will be offering vaccines to individuals over the age of six months, including the bivalent vaccine as a booster dose to individuals aged 12 and older. The bivalent vaccine is recommended to individuals when six months (168 days) have passed since their last dose or COVID-19 infection. [Individuals who are at higher risk of severe illness from COVID-19](#) may be better protected if they receive a booster dose three months (84 days) after their last dose or COVID-19 infection.

A limited number of walk-ins will be accepted. Individuals are advised to book an appointment to guarantee vaccination. The following clinics will take place this week:

Mattawa

- Monday, Oct. 31 at Mattawa Golden Age Club (464 Poplar St., Mattawa) from 4 p.m. to 6 p.m.

North Bay

- Tuesday, Nov. 1 at Elks Lodge (325 Elks Ln., North Bay) from 10 a.m. to 6 p.m.

Parry Sound

- Wednesday, Nov. 2 at Parry Sound Mall (70 Joseph St., Parry Sound) from noon to 6 p.m.

Sundridge

- Thursday, Nov. 3 at SSJ Arena (14 Albert St. N, Sundridge) from 2 p.m. to 6 p.m.

Individuals are reminded to wear a face covering at clinics and, if possible, bring a health card or another form of identification.

Though limited walk-ins will be accommodated, the Health Unit prefers individuals book an appointment. They can do this either online at [Ontario.ca/BookVaccine](https://ontario.ca/BookVaccine), or by calling the Health Unit call centre at [1-844-478-1400](tel:1-844-478-1400). Private appointments can be made through [participating pharmacies](#) in the Parry Sound and Nipissing districts.

For more information, visit myhealthunit.ca/GetVaccinated or contact the Health Unit call centre.

-30-

Media Inquiries:

Alex McDermid, Public Relations Specialist

P: [705-474-1400](tel:705-474-1400), ext. 5221 or [1-800-563-2808](tel:1-800-563-2808)

E: communications@healthunit.ca