

PUBLIC SERVICE ANNOUNCEMENT

For immediate release: June 29, 2022

Reminder: COVID-19 Self-Isolation Measures Still in Effect

NIPISSING & PARRY SOUND, ON – Living with COVID-19 does not mean that we stop following [self-isolation requirements](#). The North Bay Parry Sound District Health Unit (Health Unit) is reminding individuals to review the public health measures if they:

- test positive for COVID-19;
- have COVID-19 symptoms;
- [live with someone](#) who has tested positive or has COVID-19 symptoms;
- have been identified as a [close contact](#).

Individuals can find isolation guidance by visiting myhealthunit.ca/COVIDGuide or by calling the provincial testing and isolation information line at 1-888-777-0730.

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Media Inquiries:

Alex McDermid, Public Relations Specialist

P: [705-474-1400](tel:705-474-1400), ext. 5221 or [1-800-563-2808](tel:1-800-563-2808)

E: communications@healthunit.ca