

## **PUBLIC SERVICE ANNOUNCEMENT**

For immediate release: June 29, 2022

## **Reminder: COVID-19 Self-Isolation Measures Still in Effect**

NIPISSING & PARRY SOUND, ON – Living with COVID-19 does not mean that we stop following <u>self-isolation</u> <u>requirements</u>. The North Bay Parry Sound District Health Unit (Health Unit) is reminding individuals to review the public health measures if they:

- test positive for COVID-19;
- have COVID-19 symptoms;
- <u>live with someone</u> who has tested positive or has COVID-19 symptoms;
- have been identified as a <u>close contact</u>.

Individuals can find isolation guidance by visiting <u>myhealthunit.ca/COVIDGuide</u> or by calling the provincial testing and isolation information line at 1-888-777-0730.

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## **Media Inquiries:**

Alex McDermid, Public Relations Specialist

P: <u>705-474-1400</u>, ext. 5221 or <u>1-800-563-2808</u>

E: communications@healthunit.ca

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- 345 Oak Street West,
  North Bay, ON P1B 2T2
  705-474-1400
- **705-474-8252**
- 70 Joseph Street, Unit 302 Parry Sound, ON P2A 2G5 705-746-5801
- **705-746-2711**

Call Toll Free: 1-800-563-2808